Key Words: Family, Sacrifice, Struggles, Worker, Familia.


Topic: Poverty in families of migrant workers

- Familia, which is a traditional Mexican ideal, consists of a strong tight system between relationships. It also creates Famislism which stresses a mother’s duty to love, protect and nurture her children before during and after birth. (Heaton 183,184)
- Not only is the mother responsible for the child’s wellbeing but extended kin and the father of the child are held responsible for support. (Heaton 184)
- Hispanics have a better way of living due to being resourceful and working as a Familia and social support is important to the Mexican way of life. (Heaton 184)
- More than 50% of Mexican American women have jobs that are unprofessional. (Heaton 182)

Assessment: Some parents sacrifice a lot in order for their loved ones or children to have the best or to enjoy life without worry and stress. My dad and mom sacrificed enough and worked harder than I know any parents’ have. I found that Heaton related to my topic and that he mentioned the hardships of pregnant immigrant women bearing children. I find his work great to relate to, he mentions how this idea of Familia it lives as a Mexican ideal; It is made up of strong connection
and relationships, leading to the mother’s duty to love and care for the child. He also says not only is the mother responsible, the extended kin is to help and provide support. Heaton really starts to understand and thoroughly explain these hardships. The women working jobs to support their family, unprofessional jobs is what Heaton mentions is a sacrifice but is made without hesitation.