Keywords: support, family, parenting, children, behavior, successful


Topic: Supporting families

Positive parenting is essential in children’s building of character (Laura Bradbury, et al., 917)

Self reported stress is found to be caused by poor parenting. When parents give negative punishment to child’s behavior without praise they are likely to develop stressful behaviors in the future (Laura Bradbury, et al., 918)

It was found that positive behavior was associated with the mother’s encouragement of showing to deal with and express feelings and emotions. Where minimizing emotions or belittling them was associated with unproductive ways of coping with problems.(Laura Bradbury, et al., 918)

High levels of supportive risk factors were associated with unsupportive parenting. (Laura Bradbury, et al., 921)

Assessment:

Laura Bradbury’s article suggests the importance of families supporting each other with both the positive and negative outcomes. She is very specific and uses methods
and results to prove to us how this true. Supportive families are important in our behavior building and leading us into the world to be well rounded human beings. While we are growing up we are subconsiencly learning how to deal with our emotions, stress, and day to day problems.